## Pink Class

Pink Class have been learning about how to stay healthy and happy in our PSHE lessons. We have learnt about different foods: some we should eat more of and some we should eat less of. We have been finding out ways to exercise to stay healthy that are fun to do and make us want to do more of them. We tried dancing, walking , running , using the swings, climbing and sliding, using the trampette and bike and scooter riding. We all found something we liked to do.







